

## EXTENDED DAY CATALOG

### Winter 2017/18

#### EXTENDED DAY OPTIONS

Extended Day programming is offered Monday through Friday at the rate of \$10/hour for preschool through eighth grade students. In addition to drop-in programming, a variety of enrichment courses are available with an additional activity fee. Scroll down to see a full description of our offerings.

**Preschool students** are signed into the Preschool Extended Day care room, adjacent to the Preschool North classroom, at 2:45 p.m. using the iPad Kinderlime application.

| PRESCHOOL – KINDERGARTEN |                |                       |                      |
|--------------------------|----------------|-----------------------|----------------------|
| 7:30-9:00 a.m.           | Monday-Friday  | Indoor/Outdoor Choice | Preschool/North Yard |
| 2:45-6:00 p.m.           | Monday- Friday | Indoor/Outdoor Choice | Preschool/North yard |

**Elementary students** are signed into the Extended Day AM program from 7:30-8:00 a.m. and into the Extended Day PM program from 3:00-3:15 p.m. using the iPad Kinderlime application. At this time students who are not registered for an enrichment class will have the option of selecting from several drop-in options listed below.

| ELEMENTARY (1 <sup>st</sup> -5 <sup>th</sup> ) DROP-IN OPTIONS |                 |                         |   |
|--|-----------------|-------------------------|---|
| 7:30-8:30 a.m.   | Monday-Friday   | Indoor/Outdoor          | Flex Room/Yard                                |
| 8:00- 8:30 a.m.  | Thursday        | Vivaldi Club            | Flex Room                                     |
| 3:00-3:15 p.m.   | Monday- Friday  | Student sign-in / snack | 1 <sup>st</sup> , 2 <sup>nd</sup> Grade Rooms |
| 3:15-3:30 p.m.   | Monday-Friday   | Outdoor Free Play       | Green Top, Courtyard                          |
| 3:30-5:00 p.m.   | Monday-Thursday | Legarza All Sports      | Green Top                                     |
| 3:30-4:30 p.m.   | Monday-Thursday | Learning Lab            | Library                                       |
| 3:30-4:30 p.m.   | Monday-Friday   | Indoor Choice           | Flex Room, Art Room                           |
| 4:30-5:00 p.m.   | Monday- Friday  | Outdoor Free Play       | Green Top                                     |
| 5:00-6:00 p.m.   | Monday- Friday  | Indoor Choice           | Flex Room, Library                            |

| ELEMENTARY (1 <sup>st</sup> - 5 <sup>th</sup> ) ENRICHMENT CLASSES<br>PRE-REGISTRATION REQUIRED |  |                                  |  |   |                                      |
|---|--|----------------------------------|--|---|--------------------------------------|
| Elementary<br>(1 <sup>st</sup> -5 <sup>th</sup> )   | Monday   | Tuesday                          | Wednesday  | Thursday  | Friday                               |
| Enrichment<br>Courses   | Academic<br>Chess<br>3:30-4:30                     | Nexplore<br>Science<br>3:30-4:30 |  | Coding<br>(1 <sup>th</sup> – 3 <sup>th</sup> )<br>3:30-4:30 | Art Around<br>the World<br>3:30-4:30 |
| Athletics   | Running<br>Club<br>(5 <sup>th</sup> )<br>3:30-4:30 |                                  | Elementary<br>Athletics<br>(4 <sup>th</sup> -5 <sup>th</sup> )<br>7:30-8:30 a.m. |   |                                      |
| Instrumental<br>Music   | Flute  | Drumming                         | Violin   | Saxophone   | Violin                               |
|   |  | Violin                           | Trumpet  |   |                                      |
|   |  | Saxophone                        |  |   |                                      |

**Middle school students** are signed into the Extended Day AM program from 7:30-8:00 a.m. and into the Extended Day PM program at 3:30 p.m. using the iPad Kinderlime application. At this time students who are not registered for an enrichment class or athletic program will attend Study Hall from 3:30 – 5:00 p.m. (Monday – Thursday) or select an indoor or outdoor choice location (Friday).

| MIDDLE SCHOOL (6 <sup>th</sup> - 8 <sup>th</sup> ) DROP-IN OPTIONS |                 |                          |                         |
|--|-----------------|--------------------------|-------------------------|
| 7:30-8:15 a.m.   | Monday-Friday   | Indoor/Outdoor<br>Choice | Flex Room, Green<br>Top |
| 7:30- 8:30 a.m.  | Thursday        | Band                     | Music Room              |
| 3:15-3:30 p.m.   | Monday- Friday  | Outdoor Choice           | Green Top,<br>Courtyard |
| 3:30-5:00 p.m.   | Monday-Thursday | Study Hall               | Terrace Level           |
| 5:00-6:00 p.m.   | Monday-Friday   | Indoor Choice            | Flex Room, Library      |
| 3:15-6:00 p.m.   | Friday          | Indoor/Outdoor<br>Choice | Green Top, Library      |
| 3:30-4:30 p.m.   | Friday          | Amnesty International    | 6 <sup>th</sup> Grade   |

| MIDDLE SCHOOL (6 <sup>th</sup> - 8 <sup>th</sup> ) ENRICHMENT CLASSES<br>PRE-REGISTRATION REQUIRED |  |   |   |   |           |
|--|--|---|---|---|-----------|
| Middle (6 <sup>th</sup> - 8 <sup>th</sup> )  | Monday   | Tuesday   | Wednesday                                     | Thursday                                      | Friday    |
| Junior Counselor   | Preschool  | Preschool Learning Lab (8 <sup>th</sup> only)   | Preschool Learning Lab (8 <sup>th</sup> only) | Preschool Learning Lab (8 <sup>th</sup> only) | Preschool |
| Instrumental Music   | Flute  | Drumming  | Violin  | Saxophone                                     | Violin    |
|  |  | Violin<br>Saxophone   | Trumpet                                       |   |           |
| Athletics  | Running Club (5 <sup>th</sup> - 8 <sup>th</sup> )<br>3:30-4:30 | For more information regarding Middle School Athletics, please contact Tiffany Fong, <a href="mailto:tfong@sfschool.org">tfong@sfschool.org</a> |   |   |           |

**DROP-IN OPTIONS WITH NO ACTIVITY FEES**

**LEGARZA ALL SPORTS PROGRAM**

1<sup>ST</sup> – 5<sup>TH</sup> Grade

Monday through Thursday 3:30-5:00 p.m.

The Legarza All Sports program is overtaking the Green Top four days a week with organized games, activities, and sports! Their highly trained and experienced staff engage your child in productive fun each afternoon. Positive encouragement and personal connection are trademarks of their afterschool program that your child will experience as they grow and learn. Join them and experience the contagious enthusiasm and quality instruction that have been synonymous with Legarza Sports for the past 27 years!

**LEARNING LAB**

1<sup>ST</sup> – 5<sup>TH</sup> Grade

Monday through Thursday 3:30-4:30 p.m.

Learning lab is a safe, quiet space for students to complete their homework, try out a new interactive learning game, read a book, or play a quiet game with a friend. Taking place in the library and new library nook five days a week, students can recharge while receiving some extra support from the SFS staff.

## **VIVALDI CLUB WITH SOFIA LOPEZ-IBOR**

**1<sup>ST</sup>– 5<sup>TH</sup> Grade**

**Thursday 8:00-8:30 a.m.**

Vivaldi Club is a string ensemble dedicated to playing music mostly in classical style. Interested students in Elementary School who play and are currently studying a string instrument (violin, viola, cello, bass), piano or flute should contact Sofia Lopez-Ibor at [slopezibor@sfschool.org](mailto:slopezibor@sfschool.org)

Sofia Lopez-Ibor is an International Orff Schulwerk presenter and teacher of music pedagogy at The Orff Institute and The San Francisco International Orff Course. Sofia is a music teacher at The San Francisco School.

## **BAND WITH JAMES HARDING**

**4<sup>TH</sup>- 8<sup>TH</sup> Grade**

**Thursday 7:30-8:30 a.m.**

The San Francisco School band rehearses once a week before school. It is required that students have completed one year of study on their instrument and currently be working outside of band with a teacher. In the band, students work on ensemble reading skills through a varied repertoire of music. Any instrument can be considered for band; over the years, band has included: flute, saxophones (alto and tenor), clarinet, trumpet, trombone, violin, electric bass, electric guitar, piano/keyboard, marimba/vibes, and drums/percussion. The band performs at the Middle School Spring concert in May, 8th grade graduation, and within school at other various celebrations.

James Harding is an SFS Music Teacher and International Orff Schulwerk Teacher.

## **AMNESTY INTERNATIONAL WITH SOLVEIG DIMON**

**6<sup>TH</sup> - 8<sup>TH</sup> Grade**

**Friday 3:30-4:30 p.m.**

Students in this class will discuss current issues in their communities and around the world. SFS has one of the few middle school chapters of Amnesty International (AI) in the Bay Area. Middle school students who join Amnesty will choose a human rights campaign to work on this school year and work to educate our communities. This may take the form of phone-calling or letter writing campaigns, setting up a table on campus or on 24th Street, or hosting a speaker. This work is rewarding and educational!

## ENRICHMENT COURSES WITH ACTIVITY FEES

### ACADEMIC CHESS

1<sup>ST</sup> - 5<sup>TH</sup> Grade

Monday 3:30-4:30 p.m.

Semester Fee: \$160 for 8 sessions, Extended Day charges apply after 4:30 p.m.

Dates: 11/27, 12/4, 12/11, 1/8, 1/22, 1/29, 2/5, 2/12

No Class: 12/18, 12/28, 1/1, 1/15

Minimum number of students: 8

Maximum number of students: 16

This chess class is designed for everyone from the beginner to the advanced player. With their innovative teaching methods, Academic Chess attendees will learn the basic principles behind the opening game, middle game tactics/objectives, and endgame strategies.

Learning this ancient game, participants will develop patience, foster critical thinking skills, and understand that decisions result in consequences. All participants will receive exclusive Academic Chess workbooks.

### RUNNING CLUB

5<sup>TH</sup> – 8<sup>TH</sup> Grade

Monday 3:30-4:30 p.m.

Semester Fee: \$160 for 8 sessions, Extended Day charges apply after 4:30 p.m.

Dates: 11/27, 12/4, 12/11, 1/8, 1/22, 1/29, 2/5, 2/12

No Class: 12/18, 12/28, 1/1, 1/15

Minimum number of students: 8

Maximum number of students: 12

In Running Club, students will develop excellent running habits including form, breathing, pacing, and stretching. We will be running on campus and our surrounding neighborhood with alternate plans on rainy days. Together we will strengthen our sense of self through weekly practices culminating in an end of the session race. New and experienced runners are welcome!

## **NEXPLORE SCIENCE**

**1<sup>ST</sup>- 5<sup>TH</sup> Grade**

**Tuesday 3:30-4:30 p.m.**

**Semester Fee: \$200 for 8 sessions, Extended Day charges apply after 4:30 p.m.**

Dates: 11/28, 12/5, 12/12, 1/9, 1/23, 1/30, 2/6, 2/13

No Class: 12/19, 12/26, 1/2, 1/16

Minimum number of students: 6

Maximum number of students: 14

Nexplore Science is a program built upon inquiry, experimentation and play! During this course, students will dive deep into various scientific concepts such as electricity, inventions, sound, energy, physics, light, nature, earth sciences and more! Each class teaches fundamental scientific ideas to children through hands-on play and activities. Students will receive a ScienceWiz™ experiment kit that will be explored throughout the course. To learn more about us please visit: [www.nexploreusa.com](http://www.nexploreusa.com)

## **ELEMENTARY DEVELOPMENTAL ATHLETICS – BASKETBALL**

**4<sup>TH</sup> – 5<sup>TH</sup> Grade**

**Wednesday 7:30am-8:30 a.m.**

**Semester Fee: \$160 for 8 sessions, no morning Extended Day charges apply**

Dates: 11/29, 12/6, 1/3, 1/10, 1/17, 1/24, 1/31, 2/7

No Class: 12/13, 2/14

Minimum number of students: 6

Maximum number of students: 14

What better way to begin your Wednesday mornings, than with the sounds of bouncing basketballs in the Community Center? Taught by Toni Russell, Developmental Basketball is a class designed to build and refine fundamental skills. Students will practice ball handling, lay ups, shooting, passing, defense and offensive strategies. From beginners to club basketball players, all skill levels are welcomed to participate! There will be a variety of differentiated drills, challenges, variation basketball activities and three vs. three games. It will be a challenging and fun experience with fellow classmates on the basketball court. This class allows for training in small groups that students find centered around their growth and development to be special. Come and join us in the Community Center bright and early!

## **CODING WITH BYTES FOR BITS**

**1<sup>ST</sup>- 3<sup>RD</sup> Grade (Beginners Only)**

**Thursday 3:30-4:30 p.m.**

**Semester Fee: \$280 for 7 sessions, Extended Day charges apply after 4:30 p.m.**

Dates: 11/30, 12/7, 1/11, 1/18, 1/25, 2/1, 2/8

No Class: 12/14, 1/4, 2/15

Minimum number of students: 8

Maximum number of students: 12

Bytes for Bits is a weekly after school program that teaches the fundamentals of software coding. Students work in Scratch Junior and Code.org, platforms specifically designed for early readers. Lesson plans are modular so each student can progress at their own pace. Each class introduces base concepts and challenges that allow students to bring their creativity to the task.

To learn more about us, visit [www.bytes4bits.com](http://www.bytes4bits.com).

## **ART AROUND THE WORLD**

**1<sup>ST</sup>- 5<sup>TH</sup> Grade**

**Tuesday 3:30-4:30 p.m.**

**Semester Fee: \$200 for 8 sessions, Extended Day charges apply after 4:30 p.m.**

Dates: 12/1, 12/8, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16

No Class: 12/15, 1/5

Minimum number of students: 6

Maximum number of students: 14

Nexplore Art is an interactive art program that explores fundamental art concepts such as color mixing, drawing, shading, texture and more. Throughout the course, students will make fun, creative and age-appropriate projects using different media such as acrylic paint, water color, charcoal and oil pastels. Hands-on activities allow students to develop a joy in learning art, enhance their creativity and build upon their own strengths and interests.

In our *Art Around the World Course* students get to travel around the world exploring different countries and their cultures. They then make an artistic representation of something important from that culture, learning various art techniques along the way.

## INSTRUMENTAL MUSIC LESSONS

### FLUTE LESSONS WITH SUE FLEMING

4<sup>TH</sup> - 8<sup>TH</sup> Grade

Monday 3:30-5:30 p.m.\*

Semester Private Lesson Fee: \$45 per half-hour lesson, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\*Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Private half-hour lessons (with occasional one-hour group lessons for duets or ensemble pieces) for beginning, intermediate, and advanced flute students. Students will experience repertoire ranging from world music to classical, while they learn to read music and rhythms, music theory, and proper flute-playing techniques. Students will also be able to polish pieces for band and class performances. Rental or purchase of a flute and purchase of flute books is necessary for this course.

Sue Fleming has been a private flute teacher for over 44 years, and has over 35 years of experience teaching instrumental music in schools in Ohio and throughout the San Francisco Bay Area.

### VIOLIN AND VIOLA LESSONS WITH MICHAEL NICHOLAS

K -8<sup>TH</sup> Grade

Tuesday, Wednesday, Friday 3:30-5:30 p.m.\*

Semester Private Lesson Fee: \$45 per half-hour lesson, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\*Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Private lessons for beginning or intermediate students. Students will learn how to hold the instrument, how to tune, finger placement, bowing technique and basic music theory.

Michael's background and focus is classical violin and viola, but he enjoys and teaches many genres, including folk and traditional music from around the world. Originally from New York, he studied with a handful of the finest violinists of our time including Arnold Steinhardt and Eugene Drucker and has performed in the U.S. and Europe as a soloist, chamber musician, orchestra member, and in recordings of many stripes. He previously taught at Queens College and Weston Music Center in New York and Connecticut.



## **DRUMMING AND PERCUSSION LESSONS**

**2<sup>ND</sup> - 8<sup>TH</sup> Grade**

**Tuesday 3:30-5:30 p.m.\***

Semester Private Lesson Fee: \$45 per half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Students will learn basic music fundamentals as applied to both stick and hand drumming. Students will also learn how drums and percussion can play in harmony with each other.

## **SAXOPHONE LESSONS WITH GARRETT KOBSEF**

**4<sup>TH</sup> -8<sup>TH</sup> Grade**

**Tuesday, Thursday 3:30-5:30 p.m.\***

Semester Private Lesson Fee: \$45 per half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Woodwind master Garrett Kobsef is one of the Bay Area's best kept secrets. He has been a San Francisco resident since 2007 and honed his craft in Los Angeles for nine years prior. While studying jazz music at the University of Southern California he worked with many of Hollywood's greatest voices including Bonnie Raitt, Fleetwood Mac, and Michael Buble. Legendary composers Gerald Wilson and Bill Holman also sing Garrett's praise. His mentors are the sax players for Steely Dan, Rod Stewart, Carly Simon, Stanley Clarke, Freddie Hubbard and Tom Waits.

His versatility makes him equally at home playing jazz, reggae, salsa, funk and hip-hop. He has contributed to countless recordings, television appearances, theatre pit orchestras, and performed on the world's grandest stages including the fabled Glastonbury Festival, Red Rocks Amphitheatre, Hollywood Bowl and Walt Disney Concert Hall.

## TRUMPET LESSONS WITH SCOTT JENSEN

4<sup>TH</sup> -8<sup>TH</sup> Grade

Wednesday 3:30-5:30 p.m.\*

Semester Private Lesson Fee: \$45 per half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Private lessons with Scott will emphasize the fundamentals of trumpet for beginners and more advanced concepts for those already playing. Lessons will be tailored to each students' needs but will include; how to read music, how to improvise, and most important, how to have fun playing the trumpet.

Scott's played the trumpet for over 40 years. He studied at the New School for Jazz in NYC and has played on both coasts and in Europe. He has recorded with and/or written for; Charlie Hunter, Stanton Moore, Katoja, Tony Toni Tone', Spearhead, Ken Burns, and others. He's taught privately and in schools with specific teaching skills in Jazz, Orff, and Mindfulness teaching methods.

## FREQUENTLY ASKED QUESTIONS

My child is interested in a class that ends at 4:30 p.m., will I be charged if I do not pick up at 4:30?

- Yes, students will be charged for any portion of time after their class ends at the \$10/hour rate.

What if the class doesn't reach the minimum numbers?

- Under enrolled courses will be cancelled and families who have registered informed via email prior to the start of the class.

What if the class surpasses the maximum number?

- Over enrolled classes will generate a waitlist for students in the case of a cancellation.

How do I register for classes?

- Families can register and view existing enrollment by visiting the Extended Day section of the school website: <http://sfschool.org/school-life/extended-day/>

My child wants to take an instrumental lesson, what is the process?

- Email Sarah Wood [swood@sfschool.org](mailto:swood@sfschool.org) to state preference for instrument and availability.
- Instrumental lesson schedules will be arranged and families informed of lesson days/times.
- In the case of a missed lesson, please inform the instrumental music teacher, the front desk, and Sarah the morning before the lesson. If no notice is received, no refund will be given.

What are the procedures for signing my child in and out of Extended Day?

- Students in Elementary and Middle School are signed into the Extended Day program from dismissal to 3:30 p.m. using the Kinderlime iPad application.
- Students are signed out from the Extended Day program at the Front Desk upon arrival of their guardian for pickup. Authorized guardians will sign the child out using the Kinderlime iPad application. Students who are not signed out will automatically be signed out at 6:00 p.m.
- Preschool students are signed in and out across from the Preschool Extended Day Room using the Kinderlime iPad application and each families unique four digit code.

What if I am late for carpool?

- Students still in carpool at 3:25 p.m. will be signed into their choice of Extended Day drop-in options (Legarza All Sports, Learning Lab, etc.)
- Once the authorized guardian has arrived, the student will be signed out at the Front Desk and pay the rate of \$10/hour.
- If you have not already pre-purchased a punch card you will be asked to do so at sign out.

I have some suggestions for future Extended Day courses, who do I contact?

- You can contact Sarah Wood with any suggestions or concerns. She can be reached at [swood@sfschool.org](mailto:swood@sfschool.org), 415-239-5065 ext. 216 or on campus daily.