

# EXTENDED DAY CATALOG @ SFS

## Fall 2016



### EXTENDED DAY OPTIONS

Extended Day programming is offered Monday through Friday at the rate of \$10/hour for preschool through eighth grade students. In addition to regular programming, a variety of enrichment courses are available at an additional fee.

PRESCHOOL – KINDERGARTEN		
7:30-9:00 a.m.	Monday-Friday	Indoor/Outdoor Choice
2:45-6:00 p.m.	Monday- Friday	Indoor/Outdoor Choice

ELEMENTARY (1 <sup>st</sup> -5 <sup>th</sup> )		
7:30-8:30 a.m.	Monday-Friday	Indoor/Outdoor Choice
3:00-6:00 p.m.	Monday – Friday	Indoor/Outdoor Choice
3:30-4:30 p.m.	Monday- Thursday	Homework Club

MIDDLE SCHOOL (6 <sup>th</sup> -8 <sup>th</sup> )		
7:30-8:15 a.m.	Monday-Friday	Indoor/Outdoor Choice
3:15-5:00 p.m.	Monday-Thursday	Study Hall
5:00-6:00 p.m.	Monday-Friday	Indoor/Outdoor Choice
3:15-6:00 p.m.	Friday	Indoor/Outdoor Choice

### ENRICHMENT COURSES WITH ACTIVITY FEES

#### MONDAY

IT'S YOGA, PRESCHOOLERS WITH JENNIFER CLARKE

PS4-Kindergarten 3:15-4:00

Semester Fee: \$200 for 10 sessions, Extended Day charges apply after 4:00 p.m.

Dates: 9/12, 9/19, 9/26, 10/3, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21

No Class: 10/10

Minimum number of students: 6

Maximum number of students: 12

This playful class stimulates your four and five-year-old's imagination, body awareness and conscious breathing.

Jennifer has an athletic background, on the track and at the gym. She began practicing yoga to increase strength and flexibility. With more time on her mat, her love for yoga grew and her journey connecting mind, body, and spirit. In 2011, Jennifer began her path to teaching yoga. Inspired by her two children and their yoga practice together, she received her certification from It's Yoga, Kids and her 200 hour teacher training from Yoga Garden San Francisco. She is continually learning, practicing and teaching; believing that yoga is a practice that is universal in its benefits but individual to its student and just like we are always evolving and changing so will our practice. Blessed with the experience of traveling and living all over the world; Jennifer's practice and classes encompass global thinking, mindful living, art, music, and of course, fun.

#### OPEN ART STUDIO WITH TIPHANI RUSSELL

1<sup>ST</sup> – 5<sup>TH</sup> Grade      3:30-4:30

Semester Fee: \$130 for 13 sessions, Extended Day charges apply after 4:30 p.m.

Dates: 9/12, 9/19, 9/26, 10/3, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28, 12/5, 12/12

No Class: 10/10

Minimum number of students: 6

Maximum number of students: 12

Students will have access to a wide range of inspiring materials and a variety of ways to interact with them. Along with special featured activities and materials, students may explore: clay, drawing, painting and printmaking, collage and construction, and more.

Tiphani grew up in the tri-state area of New York, between the Catskill and Berkshire Mountains. She spent a lot of time playing, exploring, and investigating the natural world. She attended both public and Waldorf schools. She graduated from Rochester Institute of Technology, where she studied advertising photography and graphic design, with a BFA. She moved to San Francisco in 2006, worked as a freelance graphic designer and photographer for a few years before receiving her child development degree and Montessori training. Most recently, she received her Master's in Education from the University of the Pacific through the Bay Area Teacher Training Institute (BATTI).

Tiphani is most passionate about creating, crafting, and making art with children. Outside of school, she loves to paint, print make, make collages, photograph, practice yoga, visit museums, travel and explore with her husband.

## FLUTE LESSONS WITH SUE FLEMING

4<sup>TH</sup> - 8<sup>TH</sup> Grade      3:30-5:30\*

Semester Private Lesson Fee: \$585 for 13 half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\*Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Dates: 9/12, 9/19, 9/26, 10/3, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28, 12/5, 12/12

No Class: 10/10

Maximum students: 4

Private half-hour lessons (with occasional one-hour group lessons for duets or ensemble pieces) for beginning, intermediate, and advanced flute students. Students will experience repertoire ranging from world music to classical, while they learn to read music and rhythms, music theory, and proper flute-playing techniques. Students will also be able to polish pieces for band and class performances. Rental or purchase of a flute and purchase of flute books is necessary for this course.

Sue Fleming has been a private flute teacher for over 44 years, and has over 35 years of experience teaching instrumental music in schools in Ohio and throughout the San Francisco Bay Area. Sue and her husband Joe reside in San Francisco where they have raised 4 kids - 1 currently in college and 3 college graduates - who are all musicians, athletes, and scholars. In the in-between moments, Sue sings with the San Francisco Choral Society and has a love for good coffee, reading, and learning to play new instruments.

## COOKING 'ROUND THE WORLD WITH MINDY MYERS

2<sup>ND</sup>-5<sup>TH</sup> Grade      3:30-5:00

Semester Fee: \$325 for 13 sessions, Extended Day charges apply after 5:00 p.m.

Dates: 9/12, 9/19, 9/26, 10/3, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28, 12/5, 12/12

No Class: 10/10

Maximum students: 12

Cooking Round the World is the juncture where culinary arts and cultural education meet. The intention of the class is to present new understandings about cultures and traditions around the world using food as the conduit to get there. A Cooking Round the World class is very hands on; everyone peels or chops or dices or minces, etc. As they cook, they talk about the country of the day and the students' culinary experiences. They are a nut free program with no tree nuts or peanuts used in any recipe. If your child has other food sensitivities, please contact Sarah before registering, [swood@sfschool.org](mailto:swood@sfschool.org).

Mindy has been in the field of education for more than 20 years, teaching, writing curriculum design, and serving as a principal. She loves working with kids and they love working with her. She came up with the idea of an educational cooking camp when she observed how much children in the Temple Israel Religious School enjoyed cooking. When she offered up explanations about a food's origins and the customs behind preparing the food, she watched the children's engagement grow. "Cooking and eating takes on a different meaning when you understand the back story," said Mindy. "Learning a little bit about a country, then preparing that country's food truly enriches the cooking lesson, and makes the eating experience that much more delicious!"

## TUESDAY

### CODING WITH BYTES FOR BITS

3<sup>RD</sup> – 5<sup>TH</sup> Grade                      3:30-4:30

Semester Fee: \$400 for 10 sessions, Extended Day charges apply after 4:30 p.m.

Dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22

No Class: 10/11

Minimum number of students: 10

Maximum number of students: 18

Bytes for Bits is an after school program for elementary school kids, teaching the fundamentals of software coding. We provide a project-based lesson environment, allowing the kids to learn in a fun and collaborative setting to foster their creative abilities. Students program in Scratch, a visual coding language that allows students to piece together code like one would snap together Legos.

### SPANISH ENRICHMENT WITH ESTRELLITAS EN ESPAÑOL AND MAGGIE MICKAILI

PS4 – Kindergarten    3:15-4:00

Semester Fee: \$225 for 9 sessions, Extended Day charges apply after 4:00 p.m.

Dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15

No Class: 10/11

Minimum number of students: 10

Maximum number of students: 14

Learn Spanish with Estrellitas en Español's interactive curriculum. The course is taught through music and movement, games, storytelling, hands on activities, comprehensible input, cultural adventures and much more! All activities are age appropriate that keep students active and engaged. The course is about having fun, without pressure, so that children can establish a positive association with learning a new language. Different teaching methods are incorporated such as The Natural Approach, The Seven Intelligences and Total Physical Response Storytelling. The most important requirement of a successful language class is that the content make the students smile as bright as little stars!

Maggie is a native San Franciscan, raised in a Spanish speaking home. "My mother and grandmother were firm believers of preserving our culture. As a child, I fought their theory for a while. As an adult, I am eternally grateful for their perseverance and for not giving in to mine! Being bilingual has opened twice as many doors for me. I have 13 years of extensive experience teaching in both English and Spanish to children ages Toddlers through Elementary. I have worked with children throughout the Bay Area designing and implementing Spanish music and movement programs. My experience includes having worked as Lead Teacher and Director/Administrator of a language immersion school. I love, love, love working with children and understand the importance of learning a language at a young age. My goal is for my students to be excited about speaking another language and have lots of fun in the process!"

## SPANISH ENRICHMENT WITH ESTRELLITAS EN ESPAÑOL AND MAGGIE MICKAILI

1<sup>ST</sup>- 2<sup>ND</sup> Grade

4:00-5:00

Semester Fee: \$280 for 9 sessions, Extended Day charges apply from 3-4:00 and after 5:00 p.m.

Dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15

No Class: 10/11

Minimum number of students: 10

Maximum number of students: 14

Learn Spanish with Estrellitas en Español's interactive curriculum. The course is taught through music and movement, games, storytelling, hands on activities, comprehensible input, cultural adventures and much more! All activities are age appropriate that keep students active and engaged. The course is about having fun, without pressure, so that children can establish a positive association with learning a new language. Different teaching methods are incorporated such as The Natural Approach, The Seven Intelligences and Total Physical Response Storytelling. The most important requirement of a successful language class is that the content make the students smile as bright as little stars!

See Maggie's bio on page 4.

## VIOLIN AND VIOLA LESSONS WITH MICHAEL NICHOLAS

1<sup>ST</sup> -8<sup>TH</sup> Grade      3:30-5:30\*

Semester Private Lesson Fee: \$585 for 13 half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\*Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 11/29, 12/6, 12/13

No Class: 10/11

Maximum students: 5

Private or small group lessons for beginning or intermediate students. Students will learn how to hold the instrument, how to tune, finger placement, bowing technique and basic music theory. Michael's background and focus is classical violin and viola, but he enjoys and teaches many genres, including folk and traditional music from around the world. Originally from New York, he studied with a handful of the finest violinists of our time including Arnold Steinhardt and Eugene Drucker and has performed in the U.S. and Europe as a soloist, chamber musician, orchestra member, and in recordings of many stripes. He previously taught at Queens College and Weston Music Center in New York and Connecticut.

## CLARINET WITH MORGAN NILSEN

4<sup>TH</sup> -8<sup>TH</sup> Grade      3:30-5:30\*

Semester Private Lesson Fee: \$585 for 13 half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 11/29, 12/6, 12/13

No Class: 10/11

Eastman School of Music graduate Morgan Nilsen earned a Bachelor's of Music in clarinet performance and the Diploma in Ethnomusicology. Nilsen studied under the direction of the New York Metropolitan Opera Orchestra's former principal clarinetist Jon Manasse. A versatile and active performer in San Francisco, Nilsen performs in groups that focus on music from the Balkans and Turkey, Latin America, and the Middle East. In 2015 Nilsen toured internationally to Colombia, Turkey, Greece, and Bulgaria to study traditional music with masters. She has been teaching at The San Francisco School since 2010 and is looking forward to the upcoming school year! In class, students will learn clarinet technique, to read sheet music, improvise, Western classical music, and traditional songs from across the globe.

## SAXOPHONE WITH GARRETT KOBSEF

4<sup>TH</sup> -8<sup>TH</sup> Grade      4:00-5:00\*

Semester Private Lesson Fee: \$585 for 13 half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 11/29, 12/6, 12/13

No Class: 10/11

Woodwind master Garrett Kobsef is one of the Bay Area's best kept secrets. He has been a San Francisco resident since 2007 and honed his craft in Los Angeles for nine years prior. While studying jazz music at the University of Southern California he worked with many of Hollywood's greatest voices including Bonnie Raitt, Fleetwood Mac, and Michael Buble. Legendary composers Gerald Wilson and Bill Holman also sing Garrett's praise. His mentors are the sax players for Steely Dan, Rod Stewart, Carly Simon, Stanley Clarke, Freddie Hubbard and Tom Waits.

His versatility makes him equally at home playing jazz, reggae, salsa, funk and hip-hop. He has contributed to countless recordings, television appearances, theatre pit orchestras, and performed on the world's grandest stages including the fabled Glastonbury Festival, Red Rocks Amphitheatre, Hollywood Bowl and Walt Disney Concert Hall.

#### DRUMMING WITH MICHAELLE GOERLITZ

2<sup>ND</sup>-8<sup>TH</sup> Grade      3:30-5:30\*

Semester Private Lesson Fee: \$585 for 13 half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 11/29, 12/6, 12/13

No Class: 10/11

Students will learn basic music fundamentals as applied to both stick and hand drumming. Students will also learn how drums and percussion can play in harmony with each other.

Michaelle has been teaching at The San Francisco School for 10 years, as well as a variety of camps in the Bay Area: Lafayette Summer Jazz Camp, Born to Drum (a women's drumming camp), and the Blues & Jazz Camp for Girls at the Jazz School in Berkeley. A resident of the Bay Area since 1980, she is a member of the VNote Ensemble, and has played and/or recorded with many artists, including Wayne Wallace, Jackeline Rago, Tammy Hall, Mark Levine, Grupo Samba Rio, rhiannon and Houston Pearson.

#### MAKE A MASK WITH LYNNE GALLAGHER OF WEE SCOTTY

3<sup>RD</sup> - 8<sup>TH</sup> Grade      3:30-4:30

Semester Fee: \$180 for 6 sessions, Extended Day charges apply after 4:30

Dates: 9/13, 9/20, 9/27, 10/4, 10/18, 10/25

No Class: 10/11

Minimum number of students: 6

Maximum number of students: 8

Make a Mask that can be worn all year to keep your friends and family guessing. This sewing class will primarily be hand sewing (a little on the machine too) and starter for introduction to just having fun around sewing & creating with guidance through simple sewing pattern instructions. Masks can be worn not just for Halloween but for playing games and using our imagination further through role playing and dress up.

Lynne has been successfully teaching children how to sew in San Francisco for the past twenty years. Many of her students have become so advanced that they are able to compete with and share their skills with adults. Students have continued interest and gone to NYU, Pratt, RISD, Academy of Art and Parsons. At Wee Scotty they believe the art of sewing is best when shared with others.

## WEDNESDAY

### OPEN ART STUDIO WITH TIPHANI RUSSELL

1<sup>ST</sup> – 5<sup>TH</sup> Grade      3:30-4:30

Semester Fee: \$130 for 13 sessions, Extended Day charges apply after 4:30 p.m.

Dates: 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

No Class: 11/23

Minimum number of students: 6

Maximum number of students: 12

Students will have access to a wide range of inspiring materials and a variety of ways to interact with them. Along with special featured activities and materials, students may explore: clay, drawing, painting and printmaking, collage and construction, and more.

See Tiphani's bio on page 2 of catalog.

### TRUMPET WITH SCOTT JENSEN



4<sup>TH</sup> -8<sup>TH</sup> Grade      3:30-5:00\*

Semester Private Lesson Fee: \$535 for 13 half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Dates: 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

No Class: 11/23

Private lessons with Scott will emphasize the fundamentals of trumpet for beginners and more advanced concepts for those already playing. Lessons will be tailored to each student's needs but will include; how to read music, how to improvise, and most important, how to have fun playing the trumpet.

Scott's played the trumpet for over 40 years. He studied at the New School for Jazz in NYC and has played on both coasts and in Europe. He has recorded with and/or written for; Charlie Hunter, Stanton Moore, Katoja, Tony Toni Tone', Spearhead, Ken Burns, and others. He's taught privately and in schools with specific teaching skills in Jazz, Orff, and Mindfulness teaching methods.

## DRUMMING WITH MICHAELLE GOERLITZ

2<sup>ND</sup>-8<sup>TH</sup> Grade      3:30-5:30\*

Semester Private Lesson Fee: \$535 for 13 half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Dates: 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

No Class: 11/23

Working with each child, students will learn basic music fundamentals as applied to both stick and hand drumming. Students will also learn how drums and percussion can play in harmony with each other.

See Michaëlle's bio on page 6 of catalog.

## THURSDAY

### CAPTURING THE LIGHT WITH TIPHANI RUSSELL

K- 2<sup>ND</sup> Grade      3:30-4:30

Semester Fee: \$260 for 13 sessions, Extended Day charges apply after 4:30 p.m.

Dates: 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8, 12/15

No Class: 11/24

Minimum number of students: 6

Maximum number of students: 12

Join Art teacher, Tiphani Russell, in the lower art room where we will spend the afternoons trying to "capture the light". What does light look like when you put it on paper? How does the sun look when it shines through colored paper or through glass? Students will use the afternoon light to create, craft, and make art, both inside and outside of the classroom. All the while making observations of their artwork and how the light reflects, changes, and help them develop skills. Students will have the opportunity to paint, draw, sculpt and create with a variety of both traditional art and found-object materials. Sample projects include shadow figures, stained glass, and sun prints.

See Tiphani's bio on page 2 of catalog.

## VIOLIN AND VIOLA LESSONS WITH MICHAEL NICHOLAS

2<sup>ND</sup> -8<sup>TH</sup> Grade      3:00-5:30\*

Semester Private Lesson Fee: \$585 for 13 half-hour sessions, Extended Day charges apply from dismissal until the time of lesson and after the lesson until pick-up

\* Lesson times will vary, contact Sarah [swood@sfschool.org](mailto:swood@sfschool.org) to schedule

Dates: 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8, 12/15

No Class: 11/24

Private or small group lessons for beginning or intermediate students. Students will learn how to hold the instrument, how to tune, finger placement, bowing technique and basic music theory.

See Michael's bio on page 5 of catalog.

## ACADEMIC CHESS

1<sup>ST</sup>-5<sup>TH</sup> Grade      3:30-4:30

Semester Fee: \$260 for 13 sessions, Extended Day charges apply after 4:30 p.m.

Dates: 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8, 12/15

No Class: 11/24

Minimum number of students: 6

Maximum number of students: 18

This chess class is designed for everyone from the beginner to the advanced player. With their innovative teaching methods, Academic Chess attendees will learn the basic principles behind the opening game, middle game tactics/objectives, and endgame strategies.

Learning this ancient game, participants will develop patience, foster critical thinking skills, and understand that decisions result in consequences. All participants will receive exclusive Academic Chess workbooks.

## VIVALDI CLUB WITH SOFIA LOPEZ-IBOR

1<sup>ST</sup>–5<sup>TH</sup> Grade 8:00-8:30 a.m.

Semester Fee: No Activity Fees, No Extended Day charges

Dates: TBD

Vivaldi Club is a string ensemble dedicated to playing music mostly in classical style. Interested students in Elementary School who play and are currently studying a string instrument (violin, viola, cello, bass), piano or flute should contact Sofia Lopez-Ibor at [sofibor@aol.com](mailto:sofibor@aol.com).

Sofia Lopez-Ibor has an MA in music performance from The Royal Conservatory of Music in Madrid (Spain), Music Education at The Orff Institute from the Mozarteum in Salzburg (Austria) and has been a guest student at the Trinity College of Music in London (England). She is an International Orff Schulwerk presenter and teacher of music pedagogy at The Orff Institute and The San Francisco International Orff Course. Sofia is a music teacher at The San Francisco School.

## BAND WITH JAMES HARDING

4<sup>TH</sup>-8<sup>TH</sup> Grade 7:30-8:30 a.m.

Semester Fee: No Activity Fees, No Extended Day charges

Dates: TBD

The San Francisco School band rehearses once a week before school. It is required that students have completed one year of study on their instrument and currently be working outside of band with a teacher. In the band, students work on ensemble reading skills through a varied repertoire of music. Any instrument can be considered for band; over the years band has included: flute, saxophones (alto and tenor), clarinet, trumpet, trombone, violin, electric bass, electric guitar, piano/keyboard, marimba/vibes, and drums/percussion. The band performs at the Middle School Spring concert in May, 8th grade graduation, and within school at other various celebrations.

James Harding is an SFS Music Teacher and International Orff Schulwerk Teacher.

## BRICKS 4 KIDZ WITH VANISHA KUMAR

PS4 -Kindergarten 3:30-4:30

Semester Fee: \$260 for 13 sessions, Extended Day charges apply after 4:30 p.m.

Dates: 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8, 12/15

No Class: 11/24

Minimum number of students: 8

Maximum number of students: 11

Bricks 4 Kidz uses LEGO® bricks to teach concepts of science, technology, engineering, and mathematics (STEM) through a play based model of learning. Kids construct a unique model each week using project instructions and LEGO kits provided by Bricks 4 Kidz. All models are interactive and classes are thematically linked to deepen and support a child's understanding and vocabulary for STEM concepts. Themes include outer space, world architecture, interesting inventions, amazing animals, and more. From concept to completion, kids will work as partners to complete the builds. Free play time rounds out the class giving our students an opportunity to develop their creativity. Our classes follow the Bricks 4 Kidz ® motto: We Learn, We Build, We Play with... LEGO® Bricks.

Vanisha is a Health Educator & Woman's Health Minor who recently acquired her Bachelor's Degree from San Francisco State University. She has a passion in tying health and wellbeing to individuals at every step of their life. With prior experience at research settings such as the The University of California San Francisco, she has realized that working with adolescents are not just an interest, but a passion that will drive forth into building a career that she enjoys. More importantly, working with Bricks4kidz is allowing her to grow in different venues with her primary drive to be a voice in empowering girls and children alike.

## FRIDAY

### TUMBLING WITH ACROSPORTS

PS3-Kindergarten 3:15-4:00

1<sup>ST</sup>-5<sup>TH</sup> Grade 4:00-5:00

Semester Fee: \$160 for 8 sessions, Extended Day charges apply from dismissal until time of lesson and after lesson until pick up

Dates: 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4

No Class: 11/11

Maximum number of students: 15

AcroSports' energetic class introduces tumbling to students with a focus on coordination, flexibility and strength. AcroSports' tumbling classes are designed to encourage students develop spatial awareness, balance and gross motor skills. Classes are delivered by experienced coaches using a range of USA Gymnastics approved equipment including panel mats, incline mat, crash mat and springboard.

AcroSports is a non-profit organization whose mission is to teach and develop the physical, performing and circus arts. They commit themselves to serving the community in a safe, positive environment, offering activities that encourage teamwork and build strengths and self-esteem, and enhancing life's experience.

### AMNESTY INTERNATIONAL WITH SOLVEIG DIMON

6<sup>TH</sup>-8<sup>TH</sup> 3:30-4:30

Semester Fee: No Activity Fees, Extended Day charges apply after 5:00 p.m.

Dates: TBD

Students in this class will discuss current issues in their communities and around the world. SFS has one of the few middle school chapters of Amnesty International (AI) in the Bay Area. The purpose of our chapter is to support the mission of AI. This is an excerpt of AI's mission: "We are people from across the world standing up for humanity and human rights. Our purpose is to protect people wherever justice, freedom, truth and dignity are denied. We investigate and expose abuses, educate and mobilize the public, and help transform societies to create a safer, more just world. We received the Nobel Peace Prize for our life-saving work." Middle school students who join Amnesty will choose a human rights campaign to work on this school year and work to educate our communities. This may take the form of phone-calling or letter writing campaigns, setting up a table on campus or on 24th Street, or hosting a speaker. This work is rewarding and educational!

Solveig Dimon is the SFS Librarian, Naturalist, and kitchen assistant, and has led Amnesty International for many years.

### MIDDLE SCHOOL JUNIOR COUNSELOR

6<sup>TH</sup>-8<sup>TH</sup> 3:30-5:00

Semester Fee: No Activity Fees, Extended Day charges apply after 5:00 p.m.

Dates: Semester Commitment

Junior Counselors (JCs) assist teachers in the Preschool and Elementary classes. JCs demonstrate responsibility by:

- Showing up on time for each class and remaining through the end of the class
- Modeling and encouraging appropriate and respectful behavior towards all students
- Modeling proper use of materials, equipment and space

- Engaging all participants in clean -up of the space
- Knowing the safety rules for the classes, the equipment in use, and the materials being used
- Attending training session (Date TBD)
- Understanding that being a Junior Counselor is not a guarantee for any middle school student, but a responsibility and a privilege with high expectations of performance
- Following the instructions of the Head Teacher at all times

Contact Sarah Wood, [swood@sfschool.org](mailto:swood@sfschool.org), for a Junior Counselor application, due 9/6/16

## MIDDLE SCHOOL ATHLETICS

6<sup>TH</sup>-8<sup>TH</sup> Grade      Days/Times: TBD

Fee: No Activity Fees, No Extended Day Charges

For more information regarding 6<sup>th</sup>-8<sup>th</sup> Athletics, please contact Toni Russell, [trussell@sfschool.org](mailto:trussell@sfschool.org)

(Scroll down for Frequently Asked Questions)

## FREQUENTLY ASKED QUESTIONS

My child is interested in a class that ends at 5:00 p.m., will I be charged if I do not pick up at 5:00?

- Yes, students will be charged for any portion of time after their class ends at the \$10/hour rate.

What if the class doesn't reach the minimum numbers?

- Under enrolled courses will be cancelled and families who have registered informed via email prior to the start of the class.

What if the class surpasses the maximum number?

- Over enrolled classes will be generate a waitlist for students in the case of a cancellation.

How do I register for classes?

- Families can register and view existing enrollment by visiting the Extended Day section of the school website: <http://sfschool.org/school-life/extended-day/>

My child wants to take an instrumental lesson, what is the process?

- Email Sarah Wood [swood@sfschool.org](mailto:swood@sfschool.org) to state preference for instrument and availability.
- Instrumental lesson schedules will be arranged and families informed of lesson times.

What are the procedures for signing my child in and out of Extended Day?

- Students in Elementary and Middle School are signed into the Extended Day program from dismissal to 3:30 p.m.
- Students are signed out from the Extended Day program at the Front Desk upon arrival of their guardian for pickup.
- Preschool students are signed in and out across from the Preschool Extended Day Room.

What if I am late for carpool?

- Students still in carpool at 3:25 will be signed into Extended Day under Indoor Choice (Homework or Study Hall) or Outdoor Choice (Green Top or Adventure Playground).
- You will sign your child out at the Front Desk and pay the rate of \$10/hour.
- If you have not already pre-purchased a punch card you will be asked to do so at sign out.

I have some suggestions for future Extended Day courses, who do I contact?

- You can contact Sarah Wood with any suggestions or concerns. She can be reached at [swood@sfschool.org](mailto:swood@sfschool.org), 415-239-5065 ext. 216 or on campus daily.